A social story is a visual preview of a schedule. This can help individuals who like routine and predictability feel more comfortable with a new experience. Below is an example of what a social story for a Sunday morning church service might be like.

**Sunday Morning**

On Sunday morning, we will get in the car and drive to church.

When we arrive at church, I will meet my buddy! My buddy and I will hang out the whole morning.

At 9:00, Sunday school will start. The first thing we will do is to sing songs about Jesus.

At 9:15, the teacher will tell us a story from the Bible and we will play a group game.

At 9:45, we will eat a snack. We will finish our snack at 10:00. At that time, we will do a craft.

After I finish my craft, we can play until my parents come to pick me up.

When my parents pick me up at 10:30, I will say goodbye to my buddy. See you next week!

For more information, visit irresistiblechurch.org