Selected Resources for Doing Life Together

The following resources are a limited sampling of the many wonderful books and Bible studies written to encourage families affected by disability in their faith.

Support Group Material:
- **A Different Dream for My Child: Meditations for Parents of Critically or Chronically Ill Children** by Jolene Philo
- **Another Kind of Courage: God’s Design for Fathers of Families Affected by Disability** by Doug Mazza and Steve Bundy
- **Creating the Moms Group You’ve Been Looking For: Your How-To Manual for Connecting with Other Moms** by Jill Savage
- **Held: Learning to Live in God’s Grip** by Sandra Peoples and Lee Peoples
- **Special Needs Parenting: From Coping to Thriving** by Lorna Bradley
- **Special Strength for Special Parents: 31 Days of Spiritual Therapy for Parents of Children with Special Needs** by Nina Fuller
- **Unlocking the Treasure: A Bible Study for Moms Entrusted with Special-Needs Children** by Bev Roozeboom

Friendships:
- **Growing Friendships: Connecting More Deeply With Those Who Matter Most** by Tracy Klehn

Caregiving:
- **A Caregiver’s Survival Guide: How to Stay Healthy When Your Loved One is Sick** by Kay M. Strom
- **Because You Care: Spiritual Encouragement for Caregivers** by Cecil Murphey and Twila Belk
- **Compassionate Caregiving: Practical Help and Spiritual Encouragement** by Lois D. Knutson
- **God’s Encouragement for Caregivers (DVD and guide)** by John Ankerberg, Joni Eareckson Tada, and Dr. Michael Easley
- **Hope for the Caregiver: Encouraging Words to Strengthen Your Spirit** by Peter Rosenberger
- **The Caregivers Notebook: An Organizational Tool and Support to Help You Care for Others** by Jolene Philo
- **We Are: A Caregiving Manefesto** by Dana Brown Ritter

For more information, visit irresistiblechurch.org
Tools for General Family Support:

- *After We’re Gone: A Christian perspective on estate and life planning for families that include a dependent member with disability* by Dr. Duane Ruth-Heffelbower
- *The Art of Helping: What to Say and Do When Someone is Hurting* by Lauran Littauer Briggs
- *Just Show Up: The Dance of Walking through Suffering Together* by Kara Tippets and Jill Lynn Buteyn

Marriage:

- *Joni and Ken: An Untold Love Story* by Ken Tada and Joni Eareckson Tada with Larry Libby
- *When God Doesn’t Fix It: Lessons You Never Want to Learn, Truths You Can’t Live Without* by Laura Story and Jennifer Schuchmann

Written by and About Families Affected by Disability:

- *Breakthrough Parenting for Children with Special Needs: Raising the Bar of Expectations* by Judy Winter
- *Dancing with Max: A Mother and Son Who Broke Free* by Emily Colson
- *Different Dream Parenting: A Practical Guide to Raising a Child with Special Needs* by Jolene Philo
- *Empowering Your Child Who Has Special Needs* by Debbie Salter Goodwin
- *His Majesty in Brokenness* by Judy Squier
- *Light from Lucas: Lessons in Faith From a Fragile Life* by Bob Vander Plaats
- *No More Peanut Butter Sandwiches* by Jeff Davidson
- *Too Wise to be Mistaken, Too Good to be Unkind: Christian Parents Contend with Autism* by Cathy Steere
- *Unexpected Journey: When Special Needs Change Our Course* by Joe Ferrini and Cindi Ferrini

Sibling Support:

- *Fasten your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters* by Brian G. Skotko and Susan P. Levine
- *Living with a Brother or Sister with Special Needs: A Book for Sibs* by Donald J. Meyer and Patricia F. Vadasy
- *Sibshops: Workshops for Siblings of Children with Special Needs* by Donald J. Meyer and Patricia F. Vadasy

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• **Special Brothers and Sisters: Stories and Tips for Siblings of Children with Special Needs, Disability or Serious Illness** by Monica McCaffrey and Annette Hames

• **The Sibling Slam Book: What It’s Really Like To Have A Brother Or Sister With Special Needs** by Don Meyer and David Gallagher

• **Thicker than Water: Essays by Adult Siblings of People with Disabilities** edited by Don Meyer

• **Views from our Shoes: Growing Up with a Brother or Sister with Special Needs** by Donald Meyer

**Picture Books:**

- **All Cats Have Asperger Syndrome** by Kathy Hoopmann
- **All Kinds of Friends, Even Green!** by Ellen B. Senisi (spina bifida)
- **Inside Asperger’s Looking Out** by Kathy Hoopmann
- **Don’t Call Me Special: A First Look at Disability** by Pat Thomas (physical disabilities)
- **Enríqué Speaks with His Hands** by Benjamin Fudge (hearing impairment)
- **God Gave Us You** by Lisa Tawn Bergren
- **If Only I Had a Green Nose** by Max Lucado
- **In Jesse’s Shoes** by Beverly Lewis
- **Just the Way I Am: God’s Good Design in Disability** by Krista Horning
- **Let’s Talk about It Series** by Jennifer Moore-Mallinos
- **Live and Learn Series** by Barron’s Educational Books
- **My Brother Charlie** by Holly Robinson Peete (autism)
- **My Brother, Matthew** by Mary Thompson
- **My Friend Has Autism (Friends with Disabilities)** by Amanda Doering Tourville
- **My Friend Isabelle** by Eliza Woloson (Down syndrome)
- **Shelley, the Hyperactive Turtle** by Deborah M. Moss (ADHD)
- **Since We’re Friends: An Autism Picture Book** by Celeste Shally and David Harrington
- **Special People, Special Ways** by Arlene Maguire (physical limitation)
- **The Prince Who Was Just Himself** by Silke Schnee (Down syndrome)
- **You Are Special** by Max Lucado
- **You Are Mine** by Max Lucado
- **You’ve Got a Friend** by Joni Eareckson Tada (accident-induced paralysis)
- **We’ll Paint the Octopus Red** by Stephanie Stuve-Bodeen (Down syndrome)

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