

### **What to Bring to Family Retreat:**

- ✓ Casual, comfortable, modest clothing
- ✓ Hat, visor and/or sunglasses
- ✓ Jacket for evenings, and other “warmer” clothing (the temperatures will tend to be cooler since we are by the Lake)
- ✓ Western attire for Tuesday night
- ✓ Business casual attire for adult dinner on Wednesday night
- ✓ Modest bathing suit (full coverage, please!), water shoes, beach towel, beach toys & sunscreen
- ✓ Flashlight
- ✓ Toiletries and hair dryers (please note that the facility does not provide trial size toiletries or hair dryers)
- ✓ Any prescription or over-the-counter medication needed
- ✓ Any special medical equipment needed (including shower chairs or hand-hel showers)
- ✓ Any special food needed
- ✓ Bible, notebook and pen
- ✓ Balance due
- ✓ If desired – Money for the retreat photo, retreat DVD, retreat photo CD, bookstore items, snack shop, etc.

### **Please Do Not Bring:**

- ✓ Linens and bathing towels (they will be provided)
- ✓ Fragrances (due to others’ allergies)
- ✓ Food containing peanuts
- ✓ Alcohol, illegal drugs, or weapons of any kind
- ✓ Clothing with inappropriate messages or images