

Q: What are respite events?

A: Community churches offer 3-4 hours of fun for children affected by disability and siblings, allowing parents a few hours of quiet and refreshment.

Q: What is the cost?

A: Respite events are free to the families. They are staffed by volunteers, and church costs are minimal.

Q: What is the need?

A: These parents tend to be stressed, tired, and isolated. 85% of their marriages end in divorce. Many are single parents. Only 12-15% have found a church that welcomes them or have heard God's perspective on disability.

Q: How does a church get involved?

A: The Joni and Friends Bay Area office will walk along-side your church as you plan your first events. A free manual provides useful strategies and templates. Interactive toys and equipment can be borrowed.

For more information: email Debbie at dlillo@joniandfriends.org



From a Mom leaving her boys at respite: “It’s like suddenly being handed a million dollars and being asked “So, how are you going to spend it?”