



## ***November is National Family Caregivers Month***

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November is **National Family Caregivers Month** and we want to salute the more than 50 million family caregivers across the country who are making a huge difference. Joni and Friends especially applauds the many caregivers we connect with through our programs, especially JAF Family Retreats -- these caregivers dig deep within their hearts to share Spirit-inspired love and commitment to disabled family members; we honor their many sacrifices and we encourage you to take time this month to jot a note of encouragement to a family caregiver in your circle of friends!

Joni Eareckson Tada  
Joni and Friends